THE Lions' Pride
OF SAINT LEO UNIVERSITY

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Pasco County sheriff's office cracks down on underage drinking

BY KRISTIN BRITTAIN
Lions' Pride Editor in Chief

Pasco County's Sheriff's Office is spearheading the initiative to put an end to underage drinking, illegal keggers, and to keep Saint Leo students out of harm's way.

On Tuesday night, September 16, an emergency meeting was held for prominent student leaders on campus. Kenneth Posner, assistant vice president of student services, Bob Cabot of the school of criminal justice, and Sheriff Bob White of Pasco County Sheriff's Office began a meeting that Saint Leo has never seen the likes of.

"This is a concerted effort, not just a one time thing," said Posner during the initial debriefing at the start of the meeting.

This initiative being conducted by Pasco County has created a special task force to crack down on certain dangerous locations that students are attending, as well as the party bus that is transporting people to these locations.

The two establishments that were specifically mentioned are Club Illusions and Tu Casa (also known as Cow Palace). These two establishments were reported as "dangerous locations." One of the establishment's was said to be located in a high crime area on a road surrounded by migrate worker camps, and the other is in a very remote area on a dead end road that could be potentially cut off by a passing train. One of the biggest concerns brought up during the meeting was the use of the party bus.

Photograph by Katie Gaiser
From left to right, Aubrey Donovan, Tasha Forsberg, Lacey-Ray Milano, and Taylor Cleaves pose for a picture aboard the party bus on route to a local club.

"There is a concentrated group of students from Saint Leo going on the party bus. Our immediate concern is protecting these students," said Cabot.

The party bus is a transportation method created by Saint Leo students. The actual transportation of people from one venue to another is not illegal; however, there are accusations of illegal activities being allowed on the bus, such as underage drinking.

However, according to one of the first creators of the party bus, alcoholic beverages are not even allowed on the vehicle. The bus is chartered through the bus company, Integrity, which has a no underage alcohol policy.

"The transportation to point A to point B is not a bad thing. It is the inappropriate behavior and the illegal activities that are being targeted," said Posner.

Regardless of who is right, the law has already decided. Sheriff White could not go into specifics of the task force's intended actions, but he did mention that whoever is found drinking underage is going to be arrested. This includes the party bus, random DUI check points that might appear between Saint Leo and Dade City, and Saint Leo and the interstate, as well as at different establishments within the general area. A zero tolerance policy towards any violation will be in effect.

"We were extremely lucky to have Pasco County sheriff's office come warn us first before they started to implement the task force. They are primarily concerned with the safety and security of the community, and we are part of that community," said Posner.

The sheriff's office told Saint Leo ahead of time so they could give the university the opportunity to do their part.

"This is not just a rumor; the enforcement is going to happen. You will get locked up," said Sheriff White.

Pasco County's response has stemmed from a series of citizen complaints, reports of sexual assaults due to excessive impairment because of alcohol consumption, and the high volume of Saint Leo students within these dangerous areas.

"We get weekly calls within these areas regarding drugs and violence," said Sheriff White. "The local police are at

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Dining Services to offer new to-go boxes as part of effort to "go green"

BY JESSICA SWANSON
Lions' Pride Copy Editor

As of next week, styrofoam to-go boxes will no longer be used for taking food out of the cafeteria. Instead, a new reusable to-go box will be available for students to purchase and use.

Students wishing to take advantage of the new to-go boxes will pay a one-time $3 fee. After, they will be given a to-go box for personal use. Once they are finished, students are asked to rinse and return their boxes to dining services in exchange for new ones each time they want to take food from the cafeteria. It is important to note that students must replace any lost or damaged boxes by purchasing new ones for the same price.

"Obviously, students are asked to take care of it—rinse it out, make sure that there is no food or bugs," explained Rich Vogel, general manager of Saint Leo Dining Services and member of the Green Committee.

Although it may come as a shock for some, this is just one of the many changes Saint Leo is making in an effort to "go green" and become more environmentally aware. Vogel came up with the idea to switch to an environmentally friendly to-go box over the summer. He noticed that other efforts at reducing the amount of waste, such as recycling, were being implemented around the school and decided to turn the idea of a new to-go box into a reality. After finding the proper materials, Vogel took the idea before the president and Executive SGU board for approval.

These to-go boxes are not the only effort that Dining Services has put forth in an effort to promote environmental awareness. There is a new sign near the exit of the cafeteria displaying the amount of food waste produced each day. Students may also notice the new biodegradable cups in the Lion's Lair or the fact there are no longer trays in the cafeteria.

"Doing away with trays has minimized the amount of wasted food and saved a lot of water, considering the amount of water used to wash them," Vogel said.

For now, Dining Services will wait to do any other "green" changes following the release of the to-go boxes because they are concerned with the student reactions. However, the reactions to the idea of having reusable to-go boxes so far are mixed.

"I think it's a good idea. They'll cut down on a lot of waste,"said senior Sarah Tatko.

Other students aren't as optimistic.

"I thought that we were going to pay for a box and keep it for personal use. It seems like too much of a hassle to just rinse it out and bring it back to the cafeteria in exchange for a new, washed box when I could just wash it myself," said sophomore Kitty Vanlook.

For more information about the new to-go boxes, contact Rich Vogel at rich.vogel@saintleo.edu.

Opinions

Drill, Baby, Drill

BY JOSHUA M. SMITH
Lions' Pride Online Editor

I'm going to let all of you in on a little secret. Don't repeat it too loud, though, unless you want to be branded an evil desecrator of the planet:

Oil is not evil.

In fact, oil is what makes the modern world possible. Oil fuels our cars, heats our homes, and generates our electricity. It also helps lower the price of commonly used goods. The plastics that have largely replaced wood, ceramics, glass, and metal alloys in everything from water bottles, milk jugs, crates, palates, storage bins, drinking cups, eating utensils, plates, telephones, chairs, pens, combs, and about a million other products synonymous with everyday life.

Our lives revolve around oil. But here's another secret: That's not a bad thing.

Ask yourself why we as a society feel so guilty about producing, refining, and using oil. Is there any other society in the world that chastises itself to the same extent that we do over the oil we use? Russia doesn't. In fact, Russia proves just a few weeks ago that it is willing to go to war with its neighbors in order to control the flow of oil into Europe. China doesn't chastise itself either. In fact, they are helping the Cubans to drill in the Florida straights as we speak.

We as Americans have been conditioned to feel guilt at our own use of oil. Hollywood has spent billions producing movies meant to drive home the point: that U.S. consumption of oil is the root of the world's problems. Former Vice President Al Gore, the inventor of the Internet, runs around telling people that driving their cars to work is killing the planet. Yet, despite all of his warnings and those of Hollywood, it is only your lifestyle they want to see change, not their own.

This nation (and this world) needs oil. Demonizing the substance doesn't change the fact that oil has been, is, and will be a vital resource for the foreseeable future. It's time for politicians to quit whining about our "dependence on foreign oil" and start doing something about it.

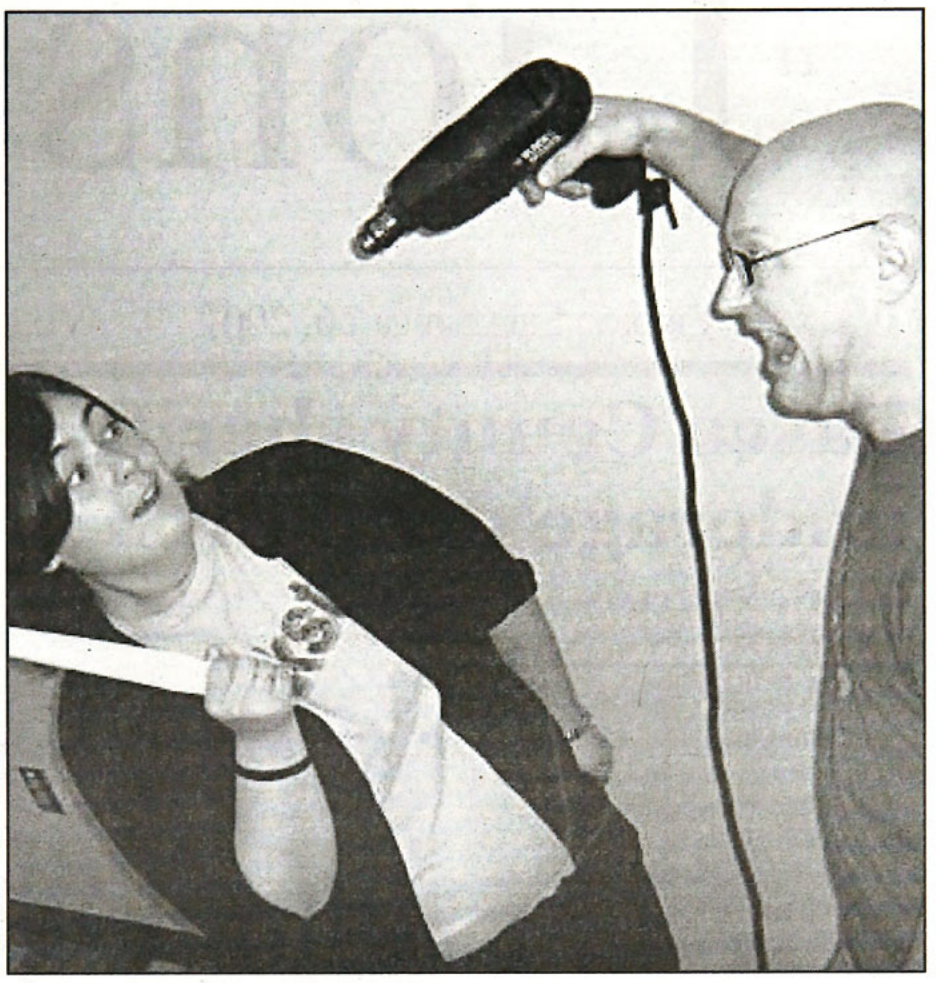
President Bill Clinton had the chance to do something about it back in the 1990s. Republicans in Congress sent him a bill to allow oil exploration in the Alaska National Wildlife Reserve (ANWR), a 20 million acre wilderness. The area that has oil ready to be pumped from the group is smaller than the size of the LAX airport in Los Angeles. However, Clinton vetoed the bill. He was worried that the proposed facilities would upset caribou habitats or scare polar bears or something like that. Plus, he said, the oil would not have come on-line for ten years.

That was back when the price of a gallon of gas was around $1.15. It is now pushing $4 per gallon. If Clinton had signed the bill, that oil from ANWR would have helped prevent the "crisis" we now find ourselves in.

Drilling doesn't solve all of America's energy problems. However, doing nothing doesn't solve them either. Drilling will take some time to make a difference; doing nothing will never make a difference. Drilling for oil provides Americans with American jobs and provides Americans with the fuel and goods they need to live a happier, more successful life. Doing nothing forces Americans to spend more and more of their paychecks on fuel costs just to get to work.

It's time to do something. It's time for Congress to drop its self-righteous, "let them eat cake" attitude towards the working people in America and lift the moratorium on oil drilling exploration in ANWR, off the shores of Florida and California, and anywhere else it is found. If we don't drill, others will, as the Chinese and the Russians have shown us. Burying our heads in the sand and pretending that oil is not the vital resource it is does not change the fact our enemies are getting rich off of the oil we fear to produce for ourselves.

I hope to see America free from foreign oil some day in my lifetime. However, that's not going to happen so long as America refuses to do anything to get us there. We need to drill here and drill now not just for ourselves but for our future, because American cannot afford the technologies of tomorrow if our oil-based economy grinds to a halt today.



Oil, stick to the frying pan

BY KATIE GAISER
Lions' Pride Layout Editor

Hello my fellow gas burners, hope all is smooth on those long and winding roads. Are you feeling kind of sad that gas costs so much or that it's getting scarce? I know what you must be thinking. "Why does the government hate me? Everything is so expensive! There has to be a better way!"

Well, have you heard the news? The U.S. House of Representatives has passed an energy bill that has lifted the ban on offshore drilling. This bill will set the stage for a long-term plan to begin drilling for oil on the Atlantic and Pacific coastlines as well as the Gulf of Mexico.

According to CNN, the White House estimates there are more than 800 billion barrels of oil waiting in the ocean. With this bill passed, it seems the government is going to waste no time retrieving it.

So, do you feel a little better knowing that soon gas will be cheap and plentiful? I did too. But before you rest easy my friends, here's some information behind this solution that has no doubt changed my opinion:

1. Offshore drilling is NOT a quick fix. It's going to take 10 years before this country can even think about drilling.

2. In 10 years, the price of gas could be nearly four times the amount it is currently. The average cost per gallon these days has reached a staggering $4.

3. Once drilling commences, it could take 30 years before gas prices go down because new drilling will only produce 7 percent more oil for the U. S.

4. By drilling on our coastlines, we risk oil spills that will destroy wildlife and contaminate our natural resources.

5. Oil spills will put the tourism industry to rest. No one is going to want to visit American beaches if they'll be swimming in oil. This could put millions out of a job.

Painful isn't it? I know I was certainly disappointed when I found so many holes in the solution, if you can even call it that. We'll have those lower prices kids, just not until we're in our 50s. And for those of you already in your 50s, you'll get your cheaper prices on your death bed.

Now, if offshore drilling isn't the answer, then what is? Some common answers to this question are conservation, creating better fuel efficient cars, and using renewable energy. Do you see anything wrong with these things? I sure don't. My question is why weren't we doing this from the beginning? Our country has been thriving since the year 1776, and we've just now discovered that we've been doing it all wrong.

These solutions are the way to go. Think of all the natural sources of energy at our disposal. Solar power, wind energy, hydroelectricity; it all

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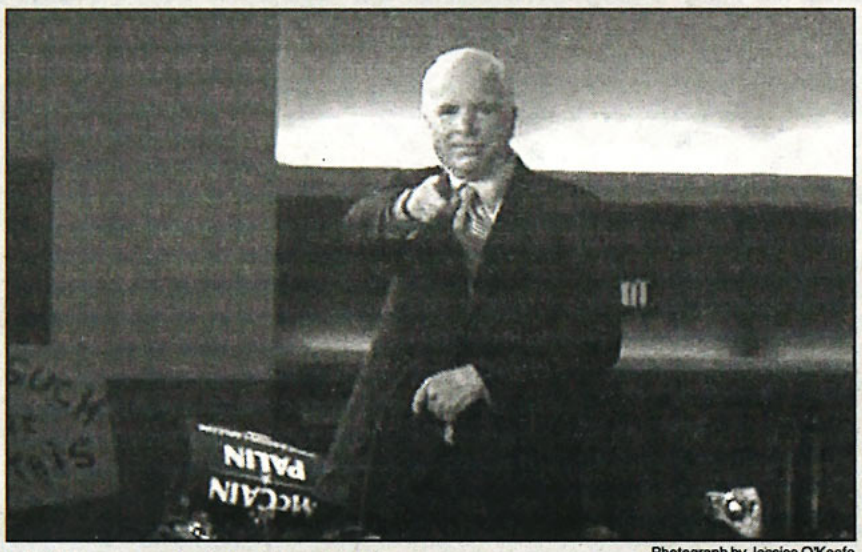
McCain and Clinton speak in Tampa

BY JESSICA O'KEEFE
Lions' Pride Assisstant Editor



Photograph by Jessica O'Keefe

McCain poses for *The Lions' Pride*.

With the take over of Freddie Mac, Fannie Mae, and Lehman Brothers, along with AIG collapsing financially, it is no wonder that Republican presidential candidate John McCain spoke so strongly on economic sduring his visit to Tampa last week.

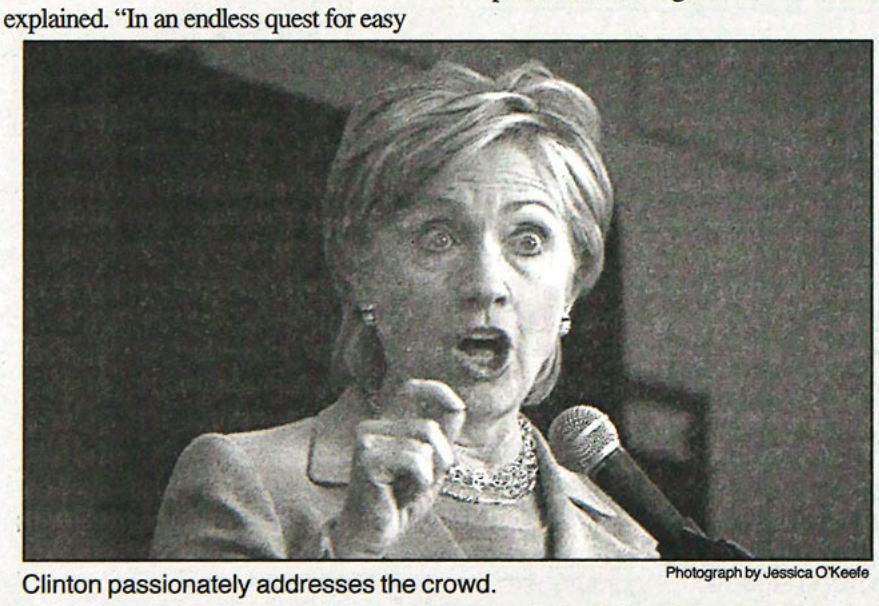
"If Governor Palin and I are elected in 49 days, we are not going to waste a moment in changing the way Washington does business," McCain stated.

Sen. McCain spoke passionately on the working class of Florida, referring to them as the most innovative, hardest working, best skilled, most productive, and most competitive in the world. He said the problem is at the top of our economy, which is due to greed and corruption of big CEOs.

"Too many people on Wall Street have forgotten or disregarded the basic rules of sound finance," McCain explained. "In an endless quest for easy money, they dreamt up investment schemes that they themselves don't even understand. Now, as their schemes unravel in bankruptcies and collapse, it's once again the public who is left to bear the costs. And I promise you that on my watch, we are never going to let these kinds of abuses go uncorrected or unpunished."

Throughout most of his speech, he steered clear of any remarks against his opponent Barack Obama. His only comment against the Democratic presendital candidate was Obama's earmark spending, which totals over a half a billion dollars.

McCain has many goals for the future of America. He spoke of his plan to cut taxes for the working middle class. He also wants to create wind energy and nuclear power to end America's dependence on foreign oil.



Photograph by Jessica O'Keefe

Clinton passionately addresses the crowd.

Looking out upon a sea of faces ranging in age, race, and religion, (not to mention hundreds of "Obama for Change" signs) Hilary Clinton addressed the people of Tampa.

On Monday, September 8, New York Senator Hillary Clinton campaigned on behalf of her once opponent, Democratic presidential candidate Barack Obama.

She spoke at his *Change We Need* rally about many of America's top issues, such as the War in Iraq and the economy. Sen. Clinton spoke of Obama's plan for a new direction in our economy. She also spoke of Obama's health care plan, which will make healthcare more affordable and accessible to all Americans.

She was strong in her words, stating, "Any republicans that believe they can fix the mess they have already made probably believe that the iceberg could have saved the Titanic. This is a contest between two different visions for our country and our future. Believe me when I say there are good people on both sides, the other side just happens to be wrong."

The crowd was lively and fierce, when a loud voice from the back asked, "What about Palin?"

Clinton was smart and simply replied, "This isn't about Palin, and it's about the future of America."

7 Steps to Easy Voting

Facebook application hopes to increase turnout of college voters

BY COLLIN R. GOOD
Lions' Pride Staff Writer

The increasingly popular Facebook.com has spread into the civic aspect of adult life, thanks to the help of four Stanford students and their popular application, BeCounted.

BeCounted aims to help American citizens at least 18 years of age to register to vote in the upcoming elections held this November 4. It is easy to use; the application guides the user through a few simple steps, the first being adding the application. After the initial set up, BeCounted asks if the user is in college, the voter's zip code, and whether or not an absentee ballot is necessary. After six steps the potential voter is set in the right direction to vote. Although the application prepares the user to register to vote, actual registration is left to the officials elected to help you do so.

"For me, voting in the 2006 midterm election was extremely confusing and difficult. Information was scarce and resources difficult to find. The bottom line is that by the time I got my form and realized that my ballot needed to be notarized, I could not get my ballot back in time. Faced with the problem and encouraged by my friends, I decided that I would look into seeing what could be done to solve the problem. BeCounted came out of that decision – the decision to try and solve a problem," said Stanford University student and BeCounted creator John Nantz.

The application is able to pinpoint the voting precinct, the contact information of the town registrar, and the forms necessary for application of an absentee ballot. BeCounted also gives the user points, such as 5 points for being one of the first 50 to register with the program at Saint Leo University.

Facebook's increased attention to national and local political races has increased in recent months, featuring pages supporting all sorts of politicians. While BeCounted claims that 85 percent of college students have a Facebook account, the traditional statistic of Facebook age voters is 18 percent of 18-year-olds, while 80 percent of 80-year-olds vote.

"BeCounted is a great idea. Being from New York, I was able to use the application to register for an absentee ballot. I think Facebook and BeCounted is doing a great thing, and hopefully inspiring a generation," said Freshman Brittany Bates.

Perhaps four Stanford students have figured out a way to reach out and bridge the gap between politicians and college students, who could likely determine the outcome of the upcoming elections.

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these establishments more times during the week then students go to class," said Cabot.

Despite the ominous warnings issued from RA's, Student Services, Residence Life, and the local police, many people either believe that these are just rumors created by the University as scare tactics, or simply that the sheriff's office is just overreacting.

"They are absolutely overreacting," said senior Paulisha Hargrove, creator of the party bus services. "I can see where they're coming from, but if they were just on the bus they can see how good it is."

Hargrove created the party bus after a close friend of hers was killed in a car accident due to drunk driving.

"I wanted to have a hand in it not happening again," said Hargrove.

The staff that runs the party bus claims to discard any liquor found on the bus. They do not allow any drinking of alcoholic beverages, but they do allow passengers to bring sodas, waters, and juice on the bus despite what those bottles might actually contain. There is a staff of six people on the bus at all times; they try to create a very controlled situation.

Hargrove does agree that some of the locations are dangerous.

"We are rectifying the situation and doing our best to control it. At a location that might be considered 'more dangerous,' we have added security or created a 'Saint Leo student's only event,'" said Hargrove.

The party bus has never been in trouble before. The creators claim that the police agree with the party bus idea, and only want to make sure no underage drinking is occurring.

"I think the party bus is great. It saves money, and it is a great idea the school should pick up on and appreciate more," said freshman Shane Blake, a promoter and assistant to the party bus creator. "Everyone knows the consequences if they are caught drinking, and the party bus is still going to go on despite the task force."

Not everyone agrees with the good intentions of the party bus.

"I just don't want any of my residents to get hurt," said junior Chelsea Shoemaker, a resident assistant in Benoit Hall. "After hearing from Ken [Posner] and the sheriff's office about all of the unsafe situations they are put in, I am afraid they will be hurt."

One of the rumors circulating the campus is that this is a scare tactic created by the University. But, this rumor is completely false.

"There would be no point for the University to come up with this as a scare tactic. It is not in the realms of our core values. It is not something we would do, or that we would want our students to do. That is why the meeting was so important with an actual sheriff from Pasco County in attendance so students would know this is not a joke," said Posner.

As a result of the situation, the university is hoping to create a long term educational process. The idea is still in a premature stage, but it will include crime statistics and open conversations about providing some alternative venues for students to socialize.

Regardless of what rumors are being spread around campus, the facts are that Pasco County is serious with their warnings. Whether that will affect the party bus and local establishments is yet to be seen.

The scoop at UTS

The story behind laptop upgrades for juniors

BY ROSANNE CANNIZZO
Lions' Pride Staff Writer

The rumor that is going around is that all juniors were supposed to get a computer upgrade. In fact, that's the rumor every year.

Somehow, it leaks out during freshmen orientation that after two years, students magically get an upgraded computer from University Technical Services (UTS). That's not the case. Most juniors fully expect to get an upgrade and are curious when they find out they are not getting an upgrade. According to Les Lloyd of UTS, it turns out that there are no real upgrades for anyone.

According to Lloyd, the IBMs are all on three year leases, meaning that every three years, the computers are turned in to be sent back to IBM. The class of 2010 got new computers when they entered Saint Leo and the three year lease is up at the end of their junior year. Then, other computers are recycled through the system.

Let's say that the freshmen class has 450 students. There are 400 computers in the UTS inventory. They would then have to lease out 50 more computers. This is why not everyone has the same model computer. Also, take into account that about half of the class will be moving off campus within their four years at Saint Leo, or just not returning at all. Their computers go back into the inventory and leased out to other students. Therefore, whenever the three year lease is up on the computer, a new computer model will be leased and given out.

"It would be impossible to tell an incoming class what model computer they might have in two or three years because how would you know that there is an R60? Or even a higher upgrade?" said Lloyd. "There's just no way of knowing what upgrades will be out there."

However, there is not much of a difference between the R52 and R60. There is a little more memory, and it is a little quicker, but there are other changes that UTS has made to the system. They got rid of IMPULSE, that devil software that made everyone log into the system. They also readjusted Sophos so that it will run smoother. It really just depends on the software that the student's computer is trying to run, on whether it will run faster or not. However, a surprising fact is all the hard drives with Microsoft 2007 on it will run slower.

"The computers provided are basic communications and writing machines," said Lloyd. "They were built to handle Microsoft Office 2003."

The laptops are viewed by the University as dorm furniture. If a student walks away with a desk or a chair, he or she will get charged. This is why the sophomores, juniors, and seniors will be unable to keep the IBM laptops when they graduate or leave residential housing. Since they are leased, they are just like a leased car that has to go back to the dealership. The difference with the freshmen getting Dells was going to happen sooner or later. It just happened to be that UTS was able to negotiate this year to purchase the Dells. So, the freshmen can keep them, even after graduation in 2012, as long as they live on campus for four years.

"We said, 'Well, why not do something nice when we can do it?' We aren't going to look at the freshmen and say, 'We had the abilities to purchase computers for you this year, but instead you are going to get the leased computers.' We wanted to do something while we could do it. It was bound to happen sometime," said Lloyd.

As for the sophomores, juniors, and seniors, they may think that they are getting the short end of the stick, but who really knows that for sure?

"We're exploring ways to add value to the computers that the juniors swap out at the end of the year," was all Lloyd was able to say.

Southern Journeys Photography Exhibit

Thursday, October 9th

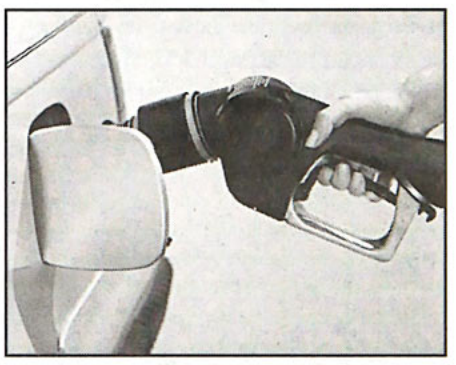
Light appetizers and refreshments will be served.
Join us for an evening of music, special guests, and photography that all celebrate the South, as experienced by Saint Leo students on the road in May 2008.

Location TBA

Contact Mrs. Elisabeth Aiken, Dr. Shawn Bingham, or Ms. Allyson Marino for further details.

Gas saving 101

BY KERRI HEASLEY
Lions' Pride Staff Writer



A Chevron gas station charges cheaper than the national average, estimated at $3.83.

Everyone feels the familiar feeling of agony that comes with filling up the gas tank after coasting on empty for as long as possible.

With gas prices constantly on the rise, resident students and commuters must seek alternative entertainment rather than using precious gas to venture out. There are many different options that do not involve the use of gas or may conserve the gas that is already purchased.

When a car is idling, gas is still being lost. College students are very familiar with the fast food drive-thru, but it can be costing more than it appears. Instead of hitting the drive-thru, actually go into the restaurant to order food. It's cheaper and usually more efficient. If the drive-thru is the only means, turn the car off if idling for more than 30 seconds.

Although it is a difficult feat in steamy Florida, turn the air conditioning off! Using the air conditioning mechanism in the car wastes a huge amount of gas. If it's a nice day, consider rolling down the windows in order to cool off. It conserves gas and saves money as well.

Drive the speed limit! Driving at speeds above 60 mph can drastically reduce a car's gas mileage. According to BusinessWire, each five miles per hour over 60 mph is like paying an additional 20 cents per gallon of gas. Rapid acceleration and rapid braking can also reduce a car's gas mileage.

Maintaining the upkeep of a car can also aid in preserving gas. Having properly inflated tires allows a vehicle to have better gas mileage. Another way to improve gas mileage is by using the right grade of motor oil. Using the manufacturer's recommended grade of oil can improve gas mileage by as much as one to two percent.

"I try to drive my car as little as possible. When I do drive, I don't let my gas tank go below half full, so when I do get gas I'm not buying a full tank and it's cheaper!" said junior Cherokee King.

Carpooling is another gas saving option. Living at the East Campus Apartments or Sweetwater Apartments can be a burden on a student's wallet. Carpooling with roommates or friends living close by is a great way for everyone to save gas and money.

Instead of driving somewhere close, use an alternative means of transportation. One could try walking, riding a bike, or looking into public transportation instead of driving. Buying a bus pass will cost very little in comparison with filling up a car's gas tank every week.

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exists today and could help our country survive. We only need to take the time and energy to make it work. If the government is willing to devote the next 40 years to drilling for a mere 7 percent, they can certainly take a few years to look into the solutions that already exist.

And let's face it folks, we could also afford to treat the Earth better, seeing as how it won't matter how much fuel costs when our planet dies right along with us. I hate to be so morbid, but there is no human race if there is no planet to sustain it.

All I'm saying is, we can't depend on oil forever. Eventually, it will run out and what are we going to do then? I'll tell you what; we'll be sitting up the proverbial creek, sucking our thumbs and shouting "WHY ME?" There are alternative solutions.

I encourage everyone to read the facts for themselves. This country has the potential for unequivocal greatness. We must be the change we want to see. Until then, may your hearts be happy and your tanks be full.

Acting your way into management

BY SIMONE WILLIAMS
Lions' Pride Advertisement Manager

Laughter could be heard from the Greenfelder-Denlinger Boardroom of the Student Community Center last Thursday as Kari Goetz helped thirty something Saint Leo students and faculty act their way into management.

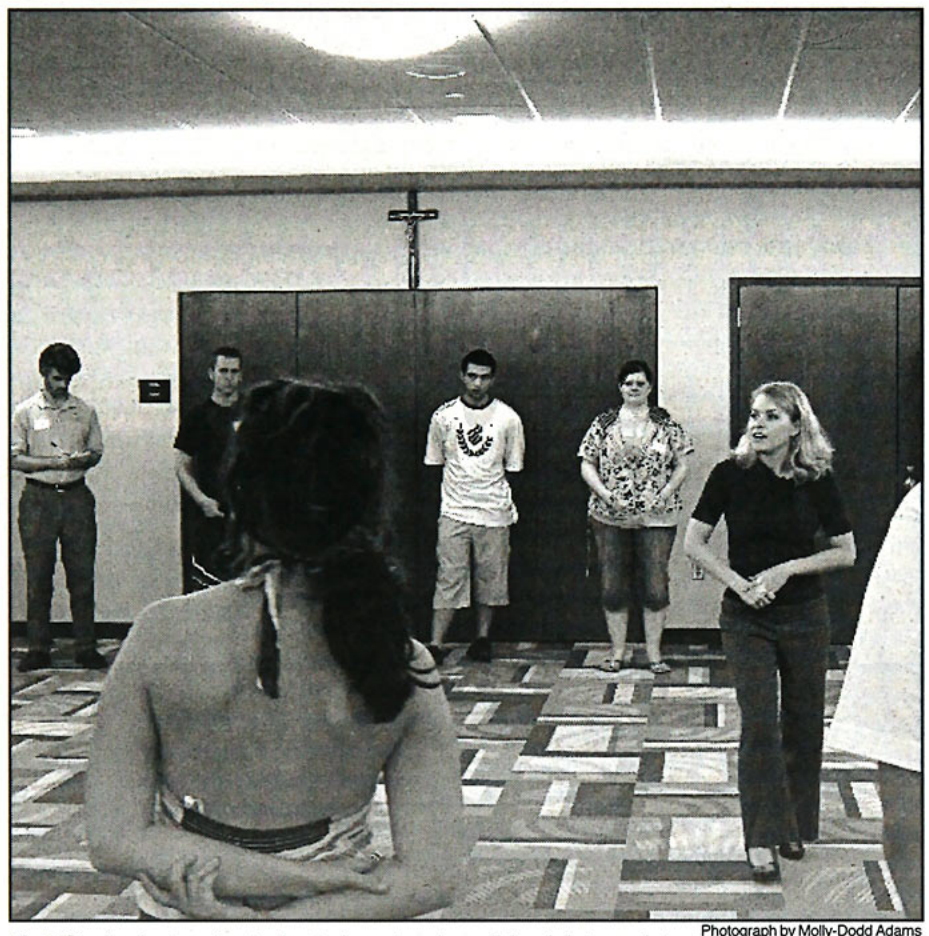
Goetz first got involved with the Tampa Bay Performing Arts Center (TBPAC) when she was a performer with the Jobsite Theatre. She got to know some of the CEOs and vice presidents while performing, although it was solely a night job. During the day, Goetz was the marketing director at the Greater Tampa Chamber of Commerce. Her business and political mindset combined with her passion and talent for theatre was perfect for the audience development manager position that opened up at the TBPAC. Goetz has been the audience development manager for almost three years now.

She was invited over to Saint Leo by Associate Dean Dr. Pete Simmons to give an interactive workshop on improvisation. From 4 p.m. until about 6:30 p.m., Goetz lectured while engaging in various exercises with her audience. But what does improvisation have to do with business?

"Utilizing the exercises and concepts of comedy improvisation, participants experience accountability skills and gain communication techniques," Goetz said. "Because we play in a relaxed environment, participants are comfortable experimenting with various trust, listening, and leadership exercises."

According to Goetz, teambuilding and communication are two of many essential skills that are crucial to the business world. Businessmen and women must overcome common hurdles that hinder success, such as lack of ownership, undefined roles and accountability, and conflicts between individual goals and team goals.

"Through the exercises, participants learn to overcome these obstacles," Goetz said. "They replace them with the ability to experience creative motivational thinking, discover a common purpose, communicate in a freedom based environment, as well as many others."



Photograph by Molly-Dodd Adams
Kari Goetz instructs students how to play gibberish translator.

It was easy to see the primary focus of these exercises was to have fun. It seems people learn more and enjoy themselves when they are laughing.

During the first exercise, called space walk, participants moved around the room to observe their environment. The second exercise, called energy walk, participants walked around at various speeds, one being the lowest and ten being the highest. Goetz varied the energy number and had the room filled with people slogging back and forth as well are moving at top speed. The first two exercises were more of a warm up to get everyone comfortable being with each other.

"Laughter is a strong teacher and a memorable motivator. A team that enjoys each other's contributions and discovers new things about each other is a team worth watching," said Goetz.

Another entertaining exercise was called gibberish translator. The participants formed a circle and three people stood in the center, one translating the conversation of the two others who spoke gibberish. The purpose of this exercise was to help participants learn to speak body language and intentions.

At the end, there was a positive aura in the room. Everyone seemed to enjoy Goetz's workshop.

"Kari was motivating and energetic. She brought to light many skills we need to address in the business world," said junior Ellen Ahlers. Ahlers was one of the most energetic participants in the workshop.

"There's a reason why it's called *show* business."

Sarah's summer in Samoa

BY JESSICA O'KEEFE
Lions' Pride Assistant Editor

After spending eight days in Sydney, Australia for World Youth Day Sarah Shirina boarded a plane and headed to Samoa for a Mission Trip with THORN Ministries.

THORN, Thankfully Helping Others Real Needs, is a ministry that feeds the homeless in Tampa. They also have a medical mission in Samoa, where Shirina stayed.

"I have been working with THORN for over 3 years now and have heard many stories of the work that THORN does in Samoa," said Shirina. "So, obviously I was so excited that I was actually going to be able to go to Samoa and see everything firsthand, be able to meet the children that I had heard about, and do what I could to help their country."

THORN medical mission in Samoa specializes in helping children with deformities. Since Samoa has no social workers, when doctors feel there is no hope for a patient, there was really no one to fight for them, until now. The workers of THORN Samoa work effortlessly to help the children get proper care.

When Shirina arrived in Samoa, she wasn't sure what to expect. The first morning she had a dance class to learn one of the cultural Samoan dances. It is a custom for the village to dance for its guest, so when she arrived in the village of Apia, she was able to learn a dance and then dance for the people, just as they danced for her.

Photograph courtesy of Sarah Shirina
Sarah Shirina holding baby Miracle

"The people of Samoa were very impressed that we had learned the dance and would get excited when we would perform for them. It was neat to be able to learn about their culture and really actively participate in customs that they have," Shirina explained.

Sarah spent most of her time traveling around the island with Baby Miracle. Baby Miracle was born with numerous birth defects, including terrible facial deformities; her feet and spinal cord were deformed, a section of her brain was missing, and she had a double cleft palate. Doctors told the baby's parents because of Miracle's distorted mouth she could not eat and was going to starve to death. But, the doctors were wrong; and now, after a year and with the help of many people and multiple surgeries, Baby Miracle is still alive.

"This was the first time Miracle was brought out and around the island as well. She is like a little celebrity in Samoa; everyone knows her story and wants to see and touch her," Shirina said. "Everywhere we went people would flock to see her; many would cry tears of joy and amazement when they saw her. It was so touching to see how one little baby affected not just a community but an entire island."

This mission trip really opened Shirina's eyes to see how blessed she was and how blessed everyone in this country is, to be able to go to the hospital at any moment and be treated for almost anything. It's something Shirina no longer takes for granted.

Arts & Entertainment

You are what you are listening to...

Study links personalities to taste in music

BY JESSICA SWANSON
Lions' Pride Copy Editor

Have you ever wondered what your taste in music says about you as a person? Well, now you can find out.

Recently, Professor Adrian North of Heriot-Watt University in Scotland conducted a study on the correlation between people's personalities and their taste in music. In what North described as the largest survey conducted concerning music and personality, researchers asked 36,518 people to rate 104 different music genres before taking personality tests to determine the links between the two.

The results were varied—some surprising, some not so much. Fans of rock and rap were found to be rebellious (with rap listeners being especially outgoing). Those who listened to opera are traditionally categorized as "wealthy and well-educated," said North in the London edition of *Reuters Life!*.

Jazz and classical listeners are both said to be creative with a positive level of self-esteem. However, jazz lovers seemed to be much more outgoing than their classical counterparts.

Researchers also concluded that people who listened to soul music were creative, gentle, and outgoing people who had a high self-esteem and were comfortable with themselves.

Fans of country and western music are hard-working and shy (perhaps, harkening back to their rural roots).

Surprisingly, fans of indie music were found to have low self-esteem and a less than pleasant personality.

North also used the survey results to debunk the mystery of why many drivers of sports cars blare their music for everyone else on the road to hear.

"Those who choose to listen to exciting, punchy music are more likely to be in a higher earning bracket," North claimed.

The opposite proved to be true for those who landed lower on the pay scale. Those people were far more likely to listen to relaxing music.

Where exactly do you fall in the radio station of life? What does your music taste say about you?

For more information about the survey or to volunteer to participate, visit www.peopleintomusic.com. To see the article as published in *Reuters Life!*, visit news.yahoo.com/s/nm/20080905/lf_nm_life/britain_music_dc .

To participate in *The Lions' Pride* music poll, simply fill out the survey below and get the information back to a member of the newspaper staff or drop it off in *The Lions' Pride* news office on the first floor of the Student Activities Center, building B..

Upcoming Events

On Campus

Food for Thought Dinner Tour
September 26
$5 for Full Course Meal
-Must have already signed up with Chris Miller or Shawn Bingham

Student Mass
September 28
7 p.m. in Abbey Church

"From Ritual to Reality"
Guest Speaker
September 29
SCC Boardrooms
7 p.m.

Van Trip to Super Wal-Mart
September 30
Depart at Campus Safety
5:30 p.m.
-Sign up in Student Activities Building 114

Off Campus

Halloween Horror Nights
Various nights starting September 26 ending November 1
Universal Studios Orlando

Howl-O-Scream
Various nights starting September 25 ending November 1
Busch Gardens Tampa

Mickey's Not So Scary Halloween Party
Various nights starting September 5 ending October 31
Walt Disney World Florida

Zoo Boo
Various nights starting September 26 ending November 1
Lowry Park Zoo Tampa

The *Lions' Pride* Music Poll

Please Circle One Option for Each Section

Year- 2009 2010 2011 2012 Other **Sex-** Male Female

Age- Under 20 20 21 22 23 24 25 Over 25 **Living Status-** On Campus Commuter

Favorite Music Genre- Rock (Classic, Hard, or Alternative) Rap Pop Techno Country Jazz Classical Soundtrack Emo Punk Blues Ska Reggae

Income Level (1=Low Income, 10=High Income)
1 2 3 4 5 6 7 8 9 10

Intelligence (1=Not Intelligent, 10=Very Intelligent)
1 2 3 4 5 6 7 8 9 10

Social (1=Extrovert, 10=Introvert)
1 2 3 4 5 6 7 8 9 10

Self Esteem (1=low, 10=high)
1 2 3 4 5 6 7 8 9 10

Outgoing (1=Not, 10=Very)
1 2 3 4 5 6 7 8 9 10

Creative (1=Not, 10=Very)
1 2 3 4 5 6 7 8 9 10

Rebellious (1=Not, 10=Very)
1 2 3 4 5 6 7 8 9 10

Hard Working (1=Not, 10=Very)
1 2 3 4 5 6 7 8 9 10

Gentle (1=Gentle, 10=Rough)
1 2 3 4 5 6 7 8 9 10

Productive (1=Not, 10=Very)
1 2 3 4 5 6 7 8 9 10

About The Quiz

(Circle All That Apply)
I liked it I didn't like it I would like to see more I'm indifferent on the matter

I will go to the site and take the full quiz I will not go to the site to take the full quiz

Additional Comments-

When is downloading music against the law?

BY MARY CHUHINKO
Lions' Pride Staff Writer

We all know that stealing is wrong, but what determines stealing?

In a world where everything is fast paced and everyone wants instant gratification, can people slow down to buy music?

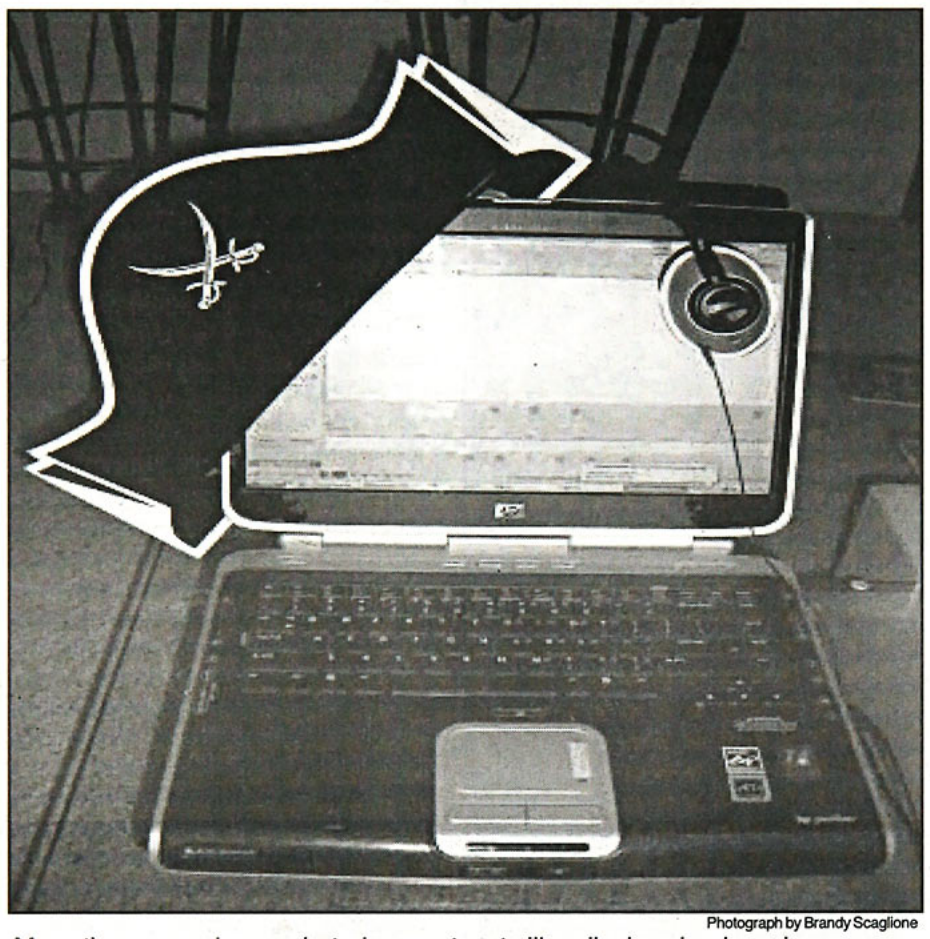
The downloading of illegal music has become a very serious problem all over the world. When people download, the music industry loses a lot of money. In fact, the music industry claimed they've seen as much as a 20 percent decrease in sales globally since 1999. A big problem involving downloading is the rules are not so clear cut, and each country has their own laws and methods of dealing with offenders.

In Canada, for example, it is legal to download music from peer-to-peer networks, but it is illegal to upload the same files. The Canadian Government has also put a Government fee of as much as $25 on all iPod-like MP3 players. The money collected will be paid back to all of the musicians and songwriters.

In the United States, it's rather simple to download music. One site allows its users to download music free for 14 days and after that a person has the decision to join for $12.99 a month. Another site allows a registered member to download over 1,600,000 songs for free and claims to be 100 percent legal.

The question remains; when is down loading music illegal?

"Music piracy is any form of unauthorized duplication and/or distribution of music including downloading, file sharing, and CD-burning," according to the Christian Music Trade Association.



Photograph by Brandy Scaglione
Many times, people use pirated computers to illegally download music.

The problem with downloading music illegally is that it goes much further than just taking one song. What users don't realize is a lot of the songs being downloaded are not from big stars, but from up-and-coming artists. It takes money away from them, and it trickles down to everyone working with that new artist.

The U.S. Digital Millennium Copyright Act (DMCA) was signed into law by President Clinton on October 28, 1998. This act was created to protect owners from unauthorized use of their products. The document also clarifies that it is legal for consumers to purchase a CD and put it on their i-pod for their own use. It only becomes illegal when a person chooses to share their music, for example, on a peer-to-peer network.

The Recording Industry Association of America (RIAA) is the official trade group that represents the U.S. recording industry. The RIAA's purpose is to promote a legal atmosphere that will support the record companies' creative and financial futures. Their main goal is to promote and to protect their clients.

The RIAA is the strongest company out there fighting back against the illegal downloading of music. One of the biggest threats they face is college and university students. Since universities operate their own networks, the RIAA can distinguish university network users easily.

From the RIAA website: "According to some recent surveys, more than half of the nation's college students frequently download music and movies illegally from unlicensed P2P networks. That's a statistic we just cannot ignore. As a result, we have stepped up our efforts to address college piracy across the board by significantly expanding our deterrence and education programs, continuing our push for legal music offerings on campuses, and advocating technological measures that block or curb piracy on college networks."

In the U.S. the penalty for downloading music is punishable by up to three years in prison and $250,000 in fines; repeat offenders can face up to six years in prison.

Friday movie night out? Try Friday movie night in.

BY COLLEEN SHANAHAN
Lions' Pride Assistant Online Editor

It's Friday night and there is nothing to do. If all else fails, a trip to the movies is a certain cure for boredom. But, is this trip really worth your money?

With most everything going up in price, movie trips are not the exception.

The local Muvico in Tampa charges $6.50 for an adult matinee every day and $9.50 for an adult after 4p.m. every day. With just buying the tickets for a Friday night, $19 is already gone. The Muvico theatre could not be reached for questions about concession stand pricing. But, after a comparison of other movie theatre's concession stands, two medium popcorns are close to $5 each and two medium drinks are close to $4 each. So, for a new release and snacks on a Friday night at Muvico, it will cost around $32.

The new Cobb theatre at the Grove in Wesley Chapel, which opens September 26, charges $7.50 for an adult matinee and $9.50 for an evening adult ticket. Prices are not available for the usual snacks, but the Cobb does offer a new feature. Instead of going out to dinner beforehand, people can pay $12.50-$14.50, ticket included, to indulge in the Cinebistro. In this, 21-year-old and up patrons can enter the theatres early, enjoy comfortable relaxed seating, and select cuisine, not included in the price, to partake in during the movie. Entrees start at $8 for three mini burgers and go up to a $24 plate of local pan seared red snapper. A gratuity of 17.5 percent is also added to the bill. At the very least, for a couple to dine in the Cinebistro at a Friday evening showing, the evening is worth $47.80, not counting gas.

While a night at the movies may sound innocent, it can be very devious by killing a student's wallet. But, have no fear, there are options to get around those high prices at the movie theatres with a movie night in.

For those who want to go local, there is a Blockbuster in Zephyrhills that charges about $5 for a rental and a Redbox rental station in the entrance of Walmart that charges $1 a day for rentals.

For those who don't like the idea of having to drive to and buy from a business to rent, there are online businesses that bring the theatre to your doorstep. Blockbuster now offers online rental services. Blockbuster's monthly plans start at $9.99, plus tax, for one DVD at a time with only two exchanges, 11.99 for one DVD at a time with unlimited exchanges, $16.99 for two DVDs at a time with unlimited returns, and $19.99 for three DVDs at a time with unlimited exchanges. So, for about the same or cheaper than two Friday night tickets, students can enjoy an entire month of DVD viewing. DVDs can also be returned to the store for instant gratification. The number of times students can do this depends on the plan they choose.

Netflix also offers an online rental service, but it also offers online viewing of certain movies. Monthly plans start at $6.99, plus tax, for one DVD out at a time with only two exchanges and two hours of pc viewing, $8.99 for one DVD out at a time with unlimited exchanges and unlimited pc viewing, $13.99 for two DVDs out at a time with unlimited exchanges and unlimited pc viewing, and $16.99 for three DVDs out at a time with unlimited exchanges and unlimited pc viewing. With Netflix, students are, again, paying about the same, if not cheaper, than just tickets for a Friday night at the movies.

So, with a bit of research and will power to refrain from a new release until the DVD release, students can save their wallet heartache by taking the money saving route. Now, students can sit back, relax, and enjoy a night in, in the privacy of their own home.

Now On...

The Big Screen
Igor
Miracle at St. Anna
Eagle Eye
Nights in Rodanthe
The Lucky Ones
Choke (limited release)

CD
Time the Conqueror
Jackson Brown
Jackpot-Bette Midler
Only By The Night-
Kings of Leon
Acid Tongue-Jenny Lewis

DVD
Iron Man
Forgetting Sarah Marshall
2008: Olympic Opening Ceremony
My Three Sons-Volume 1
Numb3rs-Season Four
My Name is Earl-Season 3

(Soon on...) Book
Guiness Book of Records 2008
The Other Queen
by Philippa Gregory
Real Life by Dr. Phil McGraw

Games
Spore
Banjo-Kazooie:Nuts and Bolts
Star Wars: The Force Unleashed
Rock Band 2

Sports

Goodbye to Gariepy : so long to another trainer

BY JIMMY BALICIONE
Lions' Pride Staff Writer

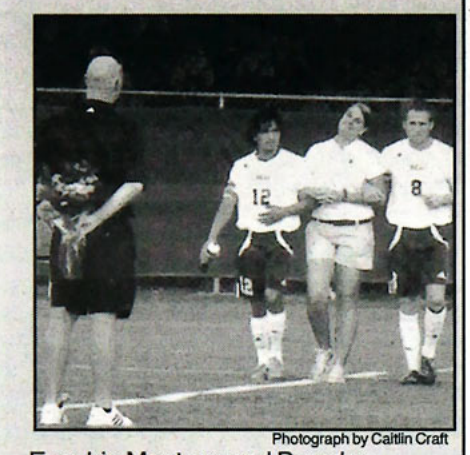
Gretchen Gariepy unfortunately is departing from theSaint Leo University Athletic Training Staff to take an assistant athletic trainer position at her alma mater, Grand Valley State University in Michigan. There she will be responsible for training women's soccer, men's and women's tennis, and softball.

However, Gariepy did have quite the emotional send off before the start of her last game. With a tear here and there, she realized just what she was leaving behind.

"The one thing I have gained from my experience at Saint Leo is that it doesn't matter how far away from your family you are, as long as you are around good people you will always feel at home. It isn't so much the moments in life that make it special, but it is the people who you share those moments with that do," said Gariepy.

With all the time that she has spent going from game to game, practice to practice, and countless treatment sessions, Gariepy had a plethora of memories to choose from.

"Best memories - beating Wingate in the Lacrosse semi-final to put us into the conference championship (unbelievable game, played with so much heart by our guys), and last night. As I worked my final game as a Lion with the men's soccer team, not only did we go on to beat Tampa 3-1, but I received a gorgeous send-off from the team and it will forever be my favorite moment as a Lion," said Gariepy.



Photograph by Caitlin Craft

Eusebio Montoya and Brandon Whitsett escort Gariepy to center field.

Gariepy, despite her close relationships to her team, was a valued staff member and will be missed by those who had the priviledge of working with her.

"I have been influenced by so many individuals at the university it is difficult to pinpoint the one who made the biggest impression. I would have to say collectively my athletes day in and day out made my job worthwhile. Saint Leo has done an amazing job of recruiting not only talented athletes, but wonderful people who represent this University with pride and have been a pleasure to work with."

She is leaving behind an athletic program that has become very fond of her presence and professionalism.

"I will greatly miss her. She was a great trainer," said basketball player, Eric Sharper.

"Her jokes and talks made treatment and rehab more fun than it usually would be,"said cheerleader Millie Navarro.

Gariepy was a valuable asset to the Saint Leo University Training Staff. She will be greatly missed by all of the athletes and faculty she worked with.

Gariepy has been side by side with all the athletes through sprains and strains. She helped Saint Leo athletes get through it with a smile.

Photograph by Caitlin Craft

Saint Leo men's team embraces their beloved trainer before her last game.

SAINT LEO SCORES

Men's Soccer	Sep. 12, 2008	Armstrong Atlantic	3-0 W
Sep. 12, 2008	Georgia SW State	3-2 W	Sep. 17, 2008
Georgia SW State	13-0 W	Sep. 12, 2008	Eckerd
5-0 W	Sep. 14, 2008	Carson Newman	0-3 L
Sep. 16, 2008	Montevallo	3-0 W	Sep. 19, 2008
Tampa	(2OT) 1-0 W	Sep. 13, 2008	Tampa
3-1 W	Sep. 18, 2008	Flagler	3-1 L
Women's Soccer	Robert Morris	3-0 W	Sep. 20, 2008
Sep. 10, 2008	2-1 W	Sep. 13, 2008	West Texas A&M
Webber	**Volleyball**	Lenoir-Rhyne	3-2 L
3-1 W	Sep. 12, 2008		

UPCOMING HOME EVENTS

Volleyball	Women's Soccer	Women's Soccer
Sep. 30, 2008	Oct. 2, 2008	Oct. 11, 2008
7 p.m.	7 p.m.	7 p.m.
Men's Soccer	Men's Soccer	Volleyball
Oct. 1, 2008	Oct. 7, 2008	Oct. 14, 2008
7 p.m.	7 p.m.	7 p.m.

Women's soccer thriving with new freshman talent

BY ALLYN TUFF
Lions' Pride Staff Writer

The Saint Leo women's soccer team has high expectations for the 2008-2009 season. A big part of those high expectations comes from the incoming class of freshmen athletes.

Saint Leo has recruited athletes from as far as Berlin, Germany, to as close as Wesley Chapel, Florida.

A big contribution to the team this year will be the freshman keeper, Kelcee Mai, who saved three goals against Webber International University.

"We as a team are focused on winning a conference title, and working our way through the NCAA tournament, hopefully to a national title," said Mai who is from McHenry, Illinois and played for McHenry High School.

The Saint Leo women's soccer program has only been active for eight years, but since then, they have really made a charge for excellence. The incoming freshman were presented with being apart of this team and it's expectations.

"Our team can definitely surpass last year's achievements. We have a deeper squad this year, but not only that, every single player is fighting for a position, so we are making ourselves better," said freshman defensemen Francesca Williams, who is adding to the international talent coming from Formby, England.

Head Coach Ged O'Connor has created a real team with an immense amount of depth. The bench has never held so many capable players. Most importantly, the opportunity for senior goalkeeper Lauren Hudson is Mai, who has the skills to take the field if necessary.

"We'll definitely surpass last year's success. Like our coach says, we have depth this year, and I think that if we stay focused on one game at a time we'll really be something great," said mid-fielder Jaime Smith, who is from Valrico, Florida.

Another superior performance by part of the highly productive freshman class came from Pia Soesemann, from Berlin, Germany. Soesemann helped out by scoring two out of the thirteen goals in the record breaking game against Georgia Southwestern State University Hurricanes.

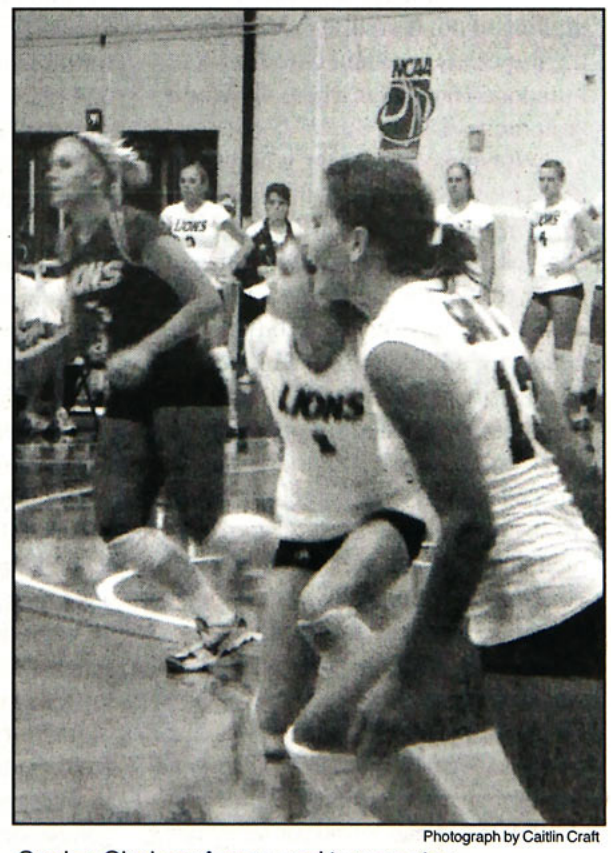
Soesemann's two goals helped break a record of scoring thirteen points in one game. The previous record was set exactly fifteen days before.

This puts the Lions on the right path to a successful season, and confidently sets them off to a good start.

Volleyball falls three times since their streak ended

BY CAITLIN CRAFT
Lions' Pride Sports Editor

Saint Leo women's volleyball has ended their first streak and started a new one. The team made an incredible start to their season by going 12-0; however, the start of their conference season has been an unfortunate match for the Lions. The team has the skills to turn their record around, and they have showed their opponents what they can do, just not long enough to maintain a win.



Photograph by Caitlin Craft

Senior, Chelsea Armer, and teammates watch a serve from Tampa.

The Lions still have a chance to redeem themselves with their games to come. The team has showed their positive attitude on the court at all times, and with the Valdosta State Tournament, Lynn University, and Rollins next in line to face the Lions, they better be prepared to face a fierce team seeking vengeance.